

# April | 2024

# High School BREAKFAST MENU

Menu Subject to Change Based on Product Availability.



School breakfast  
fuels classroom  
performance!

Students can choose  
from hot & cold entrees,  
fresh fruit, 100% juice,  
and skim or low-fat milk  
to start the day right!



FULTON COUNTY SCHOOLS  
**SCHOOL NUTRITION**  
*Tasty Eats*  
WHERE STUDENTS COME FIRST



This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <i>Schools Closed Spring Break</i>	2 <i>Schools Closed Spring Break</i>	3 <i>Schools Closed Spring Break</i>	4 <i>Schools Closed Spring Break</i>	5 <i>Schools Closed Spring Break</i>
8 Chicken Biscuit Waffle & Sausage Griddle Doughnut Bites (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)	9 Chicken Biscuit Sausage, Egg & Cheese Croissant French Toast Sticks (V) Scone with Yogurt (V)	10 Chicken Biscuit Chicken & Waffle Griddle French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)	11 Chicken Biscuit Egg, & Cheese Croissant (V) Doughnut Bites (V) Scone with Yogurt (V)	12 Chicken Biscuit Bacon, Egg & Cheese Croissant French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)
15 Chicken Biscuit Waffle & Sausage Griddle Doughnut Bites (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)	16 Chicken Biscuit Sausage, Egg & Cheese Croissant French Toast Sticks (V) Scone with Yogurt (V)	17 Chicken Biscuit Chicken & Waffle Griddle French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)	18 Chicken Biscuit Egg, & Cheese Croissant (V) Doughnut Bites (V) Scone with Yogurt (V)	19 Chicken Biscuit Bacon, Egg & Cheese Croissant French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)
22 Chicken Biscuit Waffle & Sausage Griddle Doughnut Bites (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)	23 Chicken Biscuit Sausage, Egg & Cheese Croissant French Toast Sticks (V) Scone with Yogurt (V)	24 Chicken Biscuit Chicken & Waffle Griddle French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)	25 Chicken Biscuit Egg, & Cheese Croissant (V) Doughnut Bites (V) Scone with Yogurt (V)	26 Chicken Biscuit Bacon, Egg & Cheese Croissant French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)
29 Chicken Biscuit Waffle & Sausage Griddle Doughnut Bites (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)	30 Chicken Biscuit Sausage, Egg & Cheese Croissant French Toast Sticks (V) Scone with Yogurt (V)	<p>Daily offerings: fresh fruits • 100% fruit juice • choice of milk <i>locally sourced ingredients offered regularly</i> <b>daily vegetarian option (V)</b></p>		<p><b>Breakfast Price</b> Student: \$1.25 Reduced: \$0.30 Adult: \$2.75</p>

# April | 2024

# High School LUNCH MENU

Menu Subject to Change Based on Product Availability.

Did You Know:

## Nutritious School Meals Help Kids Learn!

- ✓ Improves test scores
- ✓ Helps with comprehension & memory
- ✓ Increased attendance
- ✓ Improves diet health
- ✓ Reduces visits to the school nurse



### Daily offerings:

- Chef selection hot sandwiches & chicken basket
- Fresh deli subs, wraps & salads
- Signature side salad
- Assorted fresh fruits & veggies
- Choice of milk

locally sourced ingredients offered regularly  
**vegetarian option (V)**

FULTON COUNTY SCHOOLS  
**SCHOOL NUTRITION**

Study Eats  
WHERE STUDENTS COME FIRST



Enjoy a variety of on-the-go, student-favorite burgers, hot sandwiches, or chicken baskets through the Express Eats line.  
*Rotating options available daily from the Cafe!*

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>1</b> Schools Closed Spring Break</p>	<p><b>2</b> Schools Closed Spring Break</p>	<p><b>3</b> Schools Closed Spring Break</p>	<p><b>4</b> Schools Closed Spring Break</p>	<p><b>5</b> Schools Closed Spring Break</p>
<p><b>8</b> Tangerine Chicken with Rice Chicken &amp; Waffles Classic Pizza Slice: Cheese (V) or Pepperoni Carrots &amp; Cucumber Edamame Succotash • Tater Tots</p>	<p><b>9</b> Tex Mex Queso Walking Nachos Queso Walking Nachos (V) Classic Pizza Slice: Cheese (V) or Buffalo Chicken Chicken Parmesan with Breadstick Carrot, Cucumber &amp; Cherry Tomato Black Beans Seasoned Crinkle Fries</p>	<p><b>10</b> Cheese Stuffed Breadsticks (V) Spicy Sichuan Chicken Lo Mein with Egg Roll Classic Pizza Slice: Cheese (V) or Pepperoni Carrots &amp; Cucumber Seasonal: Roasted Red Potatoes Tater Tots</p>	<p><b>11</b> Crispy Chicken Thigh with Garlic Knot Classic Pizza Slice: Cheese (V) or Meat Lover's Fajita Chicken or Grande Nachos Cheese Nachos (V) Carrot, Cucumber &amp; Cherry Tomato Sweet Potato Waffle Fries Farm Fresh Roasted Green Beans Chocolate Chip Cookie</p>	<p><b>12</b> Classic Pizza Slice: Cheese (V) or Pepperoni Fiesta Fish Tacos General Tso's Chicken with Rice Carrots &amp; Cucumber Steamed Broccoli • Tater Tots</p>
<p><b>15</b> Chef Selection Wings with Roll Tangerine Chicken with Rice Classic Pizza Slice: Cheese (V) or Pepperoni 100% Fruit Slushie Carrots &amp; Cucumber Edamame Succotash Seasoned Crinkle Fries</p>	<p><b>16</b> Tex Mex Queso Walking Nachos Queso Walking Nachos (V) Veggie Alfredo Pasta with Cheese Stuffed Breadstick (V) Chicken Alfredo with Cheese Stuffed Breadstick Classic Pizza Slice: Cheese (V) or Buffalo Chicken Carrot, Cucumber &amp; Cherry Tomato Steamed Broccoli • Tater Tots</p>	<p><b>17</b> Birria Barbacoa Tacos General Tso's Chicken with Rice Classic Pizza Slice: Cheese (V) or Pepperoni Carrots &amp; Cucumber Steamed Corn Seasoned Crinkle Fries</p>	<p><b>18</b> Crispy Chicken Thigh with Garlic Knot Classic Pizza Slice: Cheese (V) or Meat Lover's Fajita Chicken or Grande Nachos Cheese Nachos (V) Carrot, Cucumber &amp; Cherry Tomato Baked Beans • Tater Tots Chocolate Chip Cookie</p>	<p><b>19</b> Classic Pizza Slice: Cheese (V) or Pepperoni Seafood Basket Chicken Teriyaki Dumplings Carrots &amp; Cucumber Farm Fresh Roasted Green Beans Seasoned Crinkle Fries</p>
<p><b>22</b> Chicken &amp; Waffles Sriracha Honey Chicken with Rice Classic Pizza Slice: Cheese (V) or Pepperoni Carrots &amp; Cucumber Farm Fresh Roasted Green Beans Sweet Potato Waffle Fries</p>	<p><b>23</b> Spaghetti with Meat Sauce Tex Mex Queso Walking Nachos Queso Walking Nachos (V) Classic Pizza Slice: Cheese (V) or Buffalo Chicken Carrot, Cucumber &amp; Cherry Tomato Steamed Broccoli Seasoned Crinkle Fries</p>	<p><b>24</b> Beef Tips with Gravy with Roll General Tso's Chicken with Rice Classic Pizza Slice: Cheese (V) or Pepperoni Carrots &amp; Cucumber Ranch Mashed Potatoes Tater Tots</p>	<p><b>25</b> Crispy Chicken Thigh with Texas Toast Classic Pizza Slice: Cheese (V) or Meat Lover's Fajita Chicken or Grande Nachos Cheese Nachos (V) Carrot, Cucumber &amp; Cherry Tomato Baked Beans • Seasoned Crinkle Fries Chocolate Chip Cookie</p>	<p><b>26</b> Classic Pizza Slice: Cheese (V) or Pepperoni Popcorn Shrimp with Mac &amp; Cheese Mac &amp; Cheese (V) Spicy Sichuan Chicken with Rice Carrots &amp; Cucumber Kickin' Cajun Carrots Tater Tots</p>
<p><b>29</b> Chef Selection Wings with Roll Tangerine Chicken with Rice Classic Pizza Slice: Cheese (V) or Pepperoni 100% Fruit Slushie Carrots &amp; Cucumber Kickin' Cajun Carrots Seasoned Crinkle Fries</p>	<p><b>30</b> Tex Mex Walking Nachos Cheese Walking Nachos (V) Veggie Lasagna with Breadstick (V) Classic Pizza Slice: Cheese (V) or Buffalo Chicken Carrot, Cucumber &amp; Cherry Tomato Black Beans • Tater Tots</p>			

**Lunch Price**  
Student: \$2.70  
Reduced: \$0.40  
Adult: \$4.75