

# August | 2022

# High School BREAKFAST MENU

Menu Subject to Change Based on Product Availability.



School breakfast  
fuels classroom  
performance!

Students can choose  
from hot & cold entrees,  
fresh fruit, 100% juice,  
and skim or low-fat milk  
to start the day right!



FULTON COUNTY SCHOOLS  
**SCHOOL NUTRITION**  
*Tasty Eats*  
WHERE STUDENTS COME FIRST



This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>8 Chicken Biscuit Sausage Biscuit Doughnut Bites (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)</p>	<p>9 Chicken Biscuit Bacon, Egg &amp; Cheese Croissant French Toast Sticks (V) Smoothie with Scone (V)</p>	<p>10 Chicken Biscuit Steak Biscuit French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)</p>	<p>11 Chicken Biscuit Sausage, Egg, &amp; Cheese Croissant Pancake &amp; Sausage on a Stick Smoothie with Scone (V)</p>	<p>12 Chicken Biscuit Waffle &amp; Sausage Griddle French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)</p>
<p>15 Chicken Biscuit Sausage Biscuit Doughnut Bites (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)</p>	<p>16 Chicken Biscuit Bacon, Egg &amp; Cheese Croissant French Toast Sticks (V) Smoothie with Scone (V)</p>	<p>17 Chicken Biscuit Steak Biscuit French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)</p>	<p>18 Chicken Biscuit Sausage, Egg, &amp; Cheese Croissant Pancake &amp; Sausage on a Stick Smoothie with Scone (V)</p>	<p>19 Chicken Biscuit Waffle &amp; Sausage Griddle French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)</p>
<p>22 Chicken Biscuit Sausage Biscuit Doughnut Bites (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)</p>	<p>23 Chicken Biscuit Bacon, Egg &amp; Cheese Croissant French Toast Sticks (V) Smoothie with Scone (V)</p>	<p>24 Chicken Biscuit Steak Biscuit French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)</p>	<p>25 Chicken Biscuit Sausage, Egg, &amp; Cheese Croissant Pancake &amp; Sausage on a Stick Smoothie with Scone (V)</p>	<p>26 Chicken Biscuit Waffle &amp; Sausage Griddle French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)</p>
<p>29 Chicken Biscuit Sausage Biscuit Doughnut Bites (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)</p>	<p>30 Chicken Biscuit Bacon, Egg &amp; Cheese Croissant French Toast Sticks (V) Smoothie with Scone (V)</p>	<p>31 Chicken Biscuit Steak Biscuit French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)</p>		<p><b>Breakfast Price</b> Student: \$1.25 Reduced: \$0.30 Adult: \$2.00</p>

daily assorted choice of milk • daily fresh fruits • 100% fruit juice  
locally sourced ingredients offered regularly  
**daily vegetarian option (V)**

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# High School

# LUNCH MENU

Menu Subject to Change Based on Product Availability.

Welcome back!

Student tested & Chef crafted **NEW** entrees:

- 3-Bean Chili with Cornbread
- Crispy Chicken Thigh
- Alfredo Pasta
- Veggie Pasta Bake
- Waffles with Scrambled Eggs
- Chicken Bacon Ranch Salad
- Chef Salad

Be on the lookout for locally grown watermelon!



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>8</b> Nashville Hot Chicken Nuggets with Breadstick Tangerine Chicken with Rice Cheeseburger • Veggie Burger (V) Classic Pizza Slice: Cheese (V) or Pepperoni Carrots &amp; Cumber Seasoned Crinkle Fries</p>	<p><b>9</b> Veggie Lasagna with Breadstick (V) Tex Mex Nachos Cheese Nachos (V) Philly Beef Sub Classic Pizza Slice: Cheese (V) or Buffalo Chicken Carrot, Cucumber &amp; Cherry Tomato Black Beans</p>	<p><b>10</b> General Tso's Chicken with Rice Chicken Filet Sandwich Mozzarella Cheese Sticks (V) Classic Pizza Slice: Cheese (V) or Pepperoni Carrots &amp; Cumber Edamame Succotash</p>	<p><b>11</b> Crispy Chicken Thigh with Roll Chicken Fajita Nachos Cheese Nachos (V) Hot Dog Classic Pizza Slice: Cheese (V) or Meat Lover's Carrot, Cucumber &amp; Cherry Tomato Roasted Green Beans Chocolate Chip Cookie</p>	<p><b>12</b> Classic Pizza Slice: Cheese (V) or Pepperoni Seafood Basket 3-Bean Chili with Hushpuppies (V) Teriyaki Chicken with Rice Spicy Chicken Sandwich Carrots &amp; Cumber Steamed Broccoli</p>
<p><b>15</b> Southern Style Chicken Bites with Roll Sriracha Honey Chicken with Rice Veggie Burger (V) Classic Pizza Slice: Cheese (V) or Pepperoni Carrots &amp; Cumber Roasted Green Beans</p>	<p><b>16</b> Chicken Alfredo with Breadstick Alfredo Pasta (V) Tex Mex Walking Nachos Cheese Nachos (V) Steak Sliders Classic Pizza Slice: Cheese (V) or Buffalo Chicken Carrot, Cucumber &amp; Cherry Tomato Steamed Broccoli</p>	<p><b>17</b> General Tso's Chicken with Rice Chicken Filet Sandwich Mini Cheese Quesadillas (V) Bean &amp; Cheese Burrito Classic Pizza Slice: Cheese (V) or Pepperoni Carrots &amp; Cumber Curly Fries</p>	<p><b>18</b> Crispy Chicken Thigh with Roll Chicken Fajita Nachos Cheese Nachos (V) Cheeseburger Classic Pizza Slice: Cheese (V) or Meat Lover's Carrot, Cucumber &amp; Cherry Tomato Baked Beans Chocolate Chip Cookie</p>	<p><b>19</b> Classic Pizza Slice: Cheese (V) or Pepperoni Crispy Cod Nuggets with Mac &amp; Cheese Mac &amp; Cheese (V) Spicy Sichuan Chicken with Rice Spicy Chicken Sandwich Carrots &amp; Cumber Sweet Potato Waffle Fries</p>
<p><b>22</b> Chicken Tenders with Breadstick Tangerine Chicken with Rice Cheeseburger • Veggie Burger (V) Classic Pizza Slice: Cheese (V) or Pepperoni Carrots &amp; Cumber Tater Tots</p>	<p><b>23</b> Italian Pasta Bake Veggie Pasta Bake (V) Tex Mex Nachos Cheese Nachos (V) Hot Dog Classic Pizza Slice: Cheese (V) or Buffalo Chicken Carrot, Cucumber &amp; Cherry Tomato Black Beans</p>	<p><b>24</b> General Tso's Chicken with Rice Chicken Filet Sandwich Mozzarella Cheese Sticks (V) Classic Pizza Slice: Cheese (V) or Pepperoni Carrots &amp; Cumber Edamame Succotash</p>	<p><b>25</b> Crispy Chicken Thigh with Roll Chicken Fajita Nachos Cheese Nachos (V) Grilled Chicken Club Classic Pizza Slice: Cheese (V) or Meat Lover's Carrot, Cucumber &amp; Cherry Tomato Steamed Broccoli Chocolate Chip Cookie</p>	<p><b>26</b> Classic Pizza Slice: Cheese (V) or Pepperoni Seafood Basket 3-Bean Chili with Hushpuppies (V) Teriyaki Chicken with Rice Spicy Chicken Sandwich Carrots &amp; Cumber Buffalo Cauliflower</p>
<p><b>29</b> Chicken &amp; Waffles Waffles with Scrambled Eggs (V) Sriracha Honey Chicken with Rice Steak Sliders Classic Pizza Slice: Cheese (V) or Pepperoni Carrots &amp; Cumber Sweet Potato Waffle Fries</p>	<p><b>30</b> Chicken Parmesan with Breadstick Tex Mex Nachos Cheese Nachos (V) Bacon Cheeseburger Classic Pizza Slice: Cheese (V) or Buffalo Chicken Carrot, Cucumber &amp; Cherry Tomato Steamed Broccoli</p>	<p><b>31</b> General Tso's Chicken with Rice Chicken Filet Sandwich Salisbury Steak with Cornbread 3-Bean Chili with Cornbread (V) Classic Pizza Slice: Cheese (V) or Pepperoni Carrots &amp; Cumber Mashed Potatoes</p>	<p><b>Daily offerings:</b></p> <ul style="list-style-type: none"> <li>• Fresh deli subs, wraps &amp; salads</li> <li>• Signature side salad</li> <li>• Choice of milk</li> <li>• Assorted fresh fruits &amp; veggies</li> </ul> <p>locally sourced ingredients offered regularly vegetarian option (V)</p>	<p><b>Lunch Price</b> Student: \$2.70 Reduced: \$0.40 Adult: \$4.00</p>