December 2023

High School BREAKFAST-MENU

Menu Subject to Change Based on Product Availability.



School breakfast fuels classroom performance!

Students can choose from hot & cold entrees, fresh fruit, 100% juice, and skim or low-fat milk to start the day right!







MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Chicken Biscuit Bacon, Egg & Cheese Croissant French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)
Chicken Biscuit Waffle & Sausage Griddle Doughnut Bites (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)	Chicken Biscuit Sausage, Egg & Cheese Croissant French Toast Sticks (V) Scone with Yogurt (V)	Chicken Biscuit Chicken & Waffle Griddle French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V	Chicken Biscuit Egg, & Cheese Croissant (V) Doughnut Bites (V) Scone with Yogurt (V)	8 Chicken Biscuit Bacon, Egg & Cheese Croissant French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)
11 Chicken Biscuit Waffle & Sausage Griddle Doughnut Bites (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)	Chicken Biscuit Sausage, Egg & Cheese Croissant French Toast Sticks (V) Scone with Yogurt (V)	Chicken Biscuit Chicken & Waffle Griddle French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)	Chicken Biscuit Egg, & Cheese Croissant (V) Doughnut Bites (V) Scone with Yogurt (V)	15 Chicken Biscuit Bacon, Egg & Cheese Croissant French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)
18 Schools Closed Winter Break 25 Schools Closed Winter Break	19 Schools Closed Winter Break 26 Schools Closed Winter Break	20 Schools Closed Winter Break 27 Schools Closed Winter Break	21 Schools Closed Winter Break 28 Schools Closed Winter Break	22 Schools Closed Winter Break 29 Schools Closed Winter Break

Daily offerings:

fresh fruits • 100% fruit juice • choice of milk

locally sourced ingredients offered regularly

daily vegetarian option (V)

Breakfast Price

Student: \$1.25 Reduced: \$0.30 Adult: \$2.75

December 2023



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Harvest of the Month: Oranges!







MONDAY

Chef Selection Wings with Roll

Tangerine Chicken with Rice

Classic Pizza Slice:

Cheese (V) or Pepperoni

100% Fruit Slushie

Carrots & Cucumber

Edamame Succotash

Seasoned Crinkle Fries

Chicken & Waffles

Sriracha Honey Chicken with Rice

Classic Pizza Slice:

Cheese (V) or Pepperoni

Carrots & Cucumber

Roasted Green Beans

Seasoned Crinkle Fries

Schools Closed

Winter Break

Schools Closed

Winter Break

Daily offerings:

11

25

Enjoy a variety of on-the-go, student-favorite burgers, hot sandwiches, or chicken baskets through the Express Eats line.

Rotating options available daily from the Cafe!

Tex Mex Queso Walking Nachos Queso Walking Nachos (V) Veggie Alfredo Pasta with Cheese Stuffed Breadstick (V) Chicken Alfredo with Cheese Stuffed Breadstick Classic Pizza Slice: Cheese (V) or

Buffalo Chicken Carrot. Cucumber & Cherry Tomato Steamed Broccoli • Tater Tots

TUESDAY

12 Tex Mex Queso Walking Nachos **Oueso Walking Nachos (V)** Spaghetti with Meat Sauce Classic Pizza Slice: Cheese (V) or **Buffalo Chicken**

Carrot, Cucumber & Cherry Tomato Steamed Broccoli • Tater Tots

19 Schools Closed Winter Break

26 Schools Closed Winter Break

6 Mozzarella Cheese Sticks (V) General Tso's Chicken with Rice 3-Bean Chili with Cornbread Poppers (V)

WEDNESDAY

Classic Pizza Slice: Cheese (V) or Pepperoni Carrots & Cucumber **Roasted Green Beans** Seasoned Crinkle Fries

Mini Cheese Ouesadillas (V) General Tso's Chicken with Rice White Chicken Chili with Roll Classic Pizza Slice: Cheese (V) or Pepperoni Carrots & Cucumber **Edamame Succotash** Seasoned Crinkle Fries

20 Schools Closed Winter Break 27

> Schools Closed Winter Break

Crispy Chicken Thigh with Garlic Knot Classic Pizza Slice: Cheese (V) or Meat Lover's

THURSDAY

Fajita Chicken or Grande Nachos Cheese Nachos (V) Carrot. Cucumber & Cherry Tomato **Baked Beans • Tater Tots** Chocolate Chip Cookie

Crispy Chicken Thigh with Jalapeno Cheddar Biscuit Classic Pizza Slice: Cheese (V) or Meat Lover's Fajita Chicken or Grande Nachos

Cheese Nachos (V) Carrot, Cucumber & Cherry Tomato Baked Beans • Tater Tots **Chocolate Chip Cookie**

21

Schools Closed Winter Break

28 Schools Closed Winter Break

Classic Pizza Slice: Cheese (V) or Pepperoni Fiesta Fish Tacos **Tangerine Chicken with Rice** Carrots & Cucumber Roasted Green Beans • Tater Tots

FRIDAY

Classic Pizza Slice: Cheese (V) or Pepperoni

Seafood Basket Chicken Teriyaki Dumplings Carrots & Cucumber Seasoned Crinkle Fries Seasonal Veggie: Collard Greens

Classic Pizza Slice:

Cheese (V) or Pepperoni Popcorn Shrimp with Mac & Cheese Mac & Cheese (V)

Spicy Sichuan Chicken with Rice Carrots & Cucumber Kickin' Cajun Carrots Seasoned Crinkle Fries

22

Schools Closed Winter Break

29

Schools Closed Winter Break

Chef selection hot sandwiches & chicken basket

- Fresh deli subs, wraps & salads
- Signature side salad
- Assorted fresh fruits & veggies

 Choice of milk locally sourced ingredients offered regularly • vegetarian option (V) Lunch Price

Student: \$2.70 Reduced: \$0.40 Adult: \$4.75

This institution is an equal opportunity provider.