## January 2024

# High School BREAKFAST\_MENU

Menu Subject to Change Based on Product Availability.



## School breakfast fuels classroom performance!

Students can choose from hot & cold entrees, fresh fruit, 100% juice, and skim or low-fat milk to start the day right!





WHERE STUDENTS COME FIRST









# 22 Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V) 29 Waffle & Sausage Griddle Doughnut Bites (V) Assorted Cereal (V)

Chicken Biscuit

Assorted Cereal (V)

Assorted Cereal (V)

**MONDAY TUESDAY Breakfast Price** Student: \$1.25 Reduced: \$0.30 Adult: \$2.75 Chicken Biscuit Chicken Biscuit Waffle & Sausage Griddle Sausage, Egg & Doughnut Bites (V) Cheese Croissant Assorted Cereal (V) French Toast Sticks (V) Scone with Yogurt (V) Assorted Cereal (V) Assorted Cereal (V) 16 Schools Closed Schools Closed M.L. King Jr. Holiday **Professional** Development Day 23 Chicken Biscuit Chicken Biscuit Waffle & Sausage Griddle Sausage, Egg & Doughnut Bites (V)

**Cheese Croissant** French Toast Sticks (V) Scone with Yogurt (V)

30 Chicken Biscuit Sausage, Egg & **Cheese Croissant** French Toast Sticks (V) Scone with Yogurt (V)

Chicken Biscuit Chicken & Waffle Griddle French Toast Sticks (V)

WEDNESDAY

Assorted Cereal (V) Assorted Cereal (V) **Assorted Cereal (V** 

Chicken Biscuit Chicken & Waffle Griddle French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) **Assorted Cereal (V** 

17 Chicken Biscuit Chicken & Waffle Griddle French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)

Chicken Biscuit Chicken & Waffle Griddle French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)

31 Chicken Biscuit Chicken & Waffle Griddle French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V)

Assorted Cereal (V)

Chicken Biscuit

**THURSDAY** 

Egg. & Cheese Croissant (V) Doughnut Bites (V) Scone with Yogurt (V)

11 Chicken Biscuit Egg, & Cheese Croissant (V) Doughnut Bites (V) Scone with Yogurt (V)

18 Chicken Biscuit Egg. & Cheese Croissant (V) Doughnut Bites (V) Scone with Yogurt (V)

25 Chicken Biscuit Egg, & Cheese Croissant (V) Doughnut Bites (V)

Scone with Yogurt (V)

Chicken Biscuit Bacon, Egg & Cheese Croissant

**FRIDAY** 

French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)

12 Chicken Biscuit Bacon, Egg & Cheese Croissant

French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)

19 Chicken Biscuit Bacon, Egg & Cheese Croissant French Toast Sticks (V)

Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)

26 Chicken Biscuit Bacon, Egg & Cheese Croissant

French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)

Daily offerings:

fresh fruits • 100% fruit juice • choice of milk locally sourced ingredients offered regularly

daily vegetarian option (V)

This institution is an equal opportunity provider.

## January 2024

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## Harvest of the **Month: Tomatoes!**



Lunch Price Student: \$2.70 Reduced: \$0.40 Adult: \$4.75



WHERE STUDENTS COME FIRST



This institution is an equal opportunity provider.

**MONDAY TUESDAY** 

### Daily offerings:

- · Chef selection hot sandwiches & chicken basket
- Fresh deli subs, wraps & salads
- Signature side salad
- Assorted fresh fruits & veggies
- Choice of milk

locally sourced ingredients offered regularly vegetarian option (V)

Chicken & Waffles Sriracha Honey Chicken with Rice Classic Pizza Slice: Cheese (V) or Pepperoni Carrots & Cucumber

Tex Mex Oueso Walking Nachos Oueso Walking Nachos (V) Chicken Parmesan with Breadstick Classic Pizza Slice: Cheese (V) or Buffalo Chicken Edamame Succotash • Tater Tots Carrot, Cucumber & Cherry Tomato Steamed Broccoli Seasoned Crinkle Fries

16

Schools Closed **Professional** Development Day

M.L. King Jr. Holiday

Schools Closed

15

22 Chicken & Waffles Sriracha Honey Chicken with Rice Classic Pizza Slice: Cheese (V) or Pepperoni Carrots & Cucumber Roasted Green Beans Seasoned Crinkle Fries

Chef Selection Wings with Roll Tangerine Chicken with Rice Classic Pizza Slice: Cheese (V) or Pepperoni 100% Fruit Slushie Carrots & Cucumber Kickin' Caiun Carrots

Seasoned Crinkle Fries

Tex Mex Oueso Walking Nachos Oueso Walking Nachos (V) Spaghetti with Meat Sauce Classic Pizza Slice: Cheese (V) or Buffalo Chicken Carrot. Cucumber & Cherry Tomato

Steamed Broccoli • Tater Tots

Tex Mex Walking Nachos Cheese Walking Nachos (V) Veggie Lasagna with Breadstick (V) Classic Pizza Slice: Cheese (V) or Buffalo Chicken Carrot. Cucumber & Cherry Tomato Black Beans • Tater Tots

Mozzarella Cheese Sticks (V) Broccoli Cheese Soup with Breadstick (V) Teriyaki Chicken with Rice

WEDNESDAY

Classic Pizza Slice: Cheese (V) or Pepperoni Carrots & Cucumber **Edamame Succotash** Seasoned Crinkle Fries

Cheese Stuffed Breadsticks (V) General Tso's Chicken with Rice Tomato Basil Soup with Grilled Cheese Classic Pizza Slice: Cheese (V) or Pepperoni Carrots & Cucumber

Mixed Veggies • Tater Tots

17 Mozzarella Cheese Sticks (V) General Tso's Chicken with Rice 3-Bean Chili with Cornbread Poppers (V) Classic Pizza Slice: Cheese (V) or Pepperoni

Carrots & Cucumber Roasted Green Beans Seasoned Crinkle Fries

Mini Cheese Ouesadillas (V) General Tso's Chicken with Rice White Chicken Chili with Roll Classic Pizza Slice: Cheese (V) or Pepperoni Carrots & Cucumber **Fdamame Succotash Seasoned Crinkle Fries** 

31 Mozzarella Cheese Sticks (V) Broccoli Cheese Soup with Breadstick (V)

Terivaki Chicken with Rice Classic Pizza Slice: Cheese (V) or Pepperoni Carrots & Cucumber Edamame Succotash • Seasoned Crinkle Fries THURSDAY

Crispy Chicken Thigh with Garlic Knot Classic Pizza Slice: Cheese (V) or Meat Lover's Chicken Faiita Nachos or Grande Nachos Cheese Nachos (V)

Carrot, Cucumber & Cherry Tomato Steamed Broccoli • Tater Tots **Chocolate Chip Cookie** 

Crispy Chicken Thigh with Garlic Knot Classic Pizza Slice: Cheese (V) or Meat Lover's Faiita Chicken or Grande Nachos Cheese Nachos (V) Carrot, Cucumber & Cherry Tomato Baked Beans • Seasoned Crinkle Fries

**Chocolate Chip Cookie** 

Crispy Chicken Thigh with Garlic Knot Classic Pizza Slice: Cheese (V) or Meat Lover's Faiita Chicken or Grande Nachos Cheese Nachos (V)

Carrot, Cucumber & Cherry Tomato Baked Beans • Tater Tots **Chocolate Chip Cookie** 

25 Crispy Chicken Thigh with Jalapeno Cheddar Biscuit Classic Pizza Slice: Cheese (V) or Meat Lover's Faiita Chicken or Grande Nachos Cheese Nachos (V)

Carrot, Cucumber & Cherry Tomato Baked Beans • Tater Tots Chocolate Chip Cookie

**FRIDAY** 

5 Classic Pizza Slice: Cheese (V) or Pepperoni Seafood Basket General Tso's Chicken with Rice Carrots & Cucumber **Buffalo Cauliflower** Seasoned Crinkle Fries

12 Classic Pizza Slice: Cheese (V) or Pepperoni Fiesta Fish Tacos **Tangerine Chicken with Rice** Carrots & Cucumber Roasted Green Beans • Tater Tots

19 Classic Pizza Slice: Cheese (V) or Pepperoni Seafood Basket Chicken Teriyaki Dumplings Carrots & Cucumber Steamed Corn **Seasoned Crinkle Fries** 

26 Classic Pizza Slice: Cheese (V) or Pepperoni Popcorn Shrimp with Mac & Cheese Mac & Cheese (V) Spicy Sichuan Chicken with Rice Carrots & Cucumber Seasonal Veggie: Brussel Sprouts Seasoned Crinkle Fries



Enjoy a variety of on-the-go, student-favorite burgers, hot sandwiches, or chicken baskets through the Express Eats line. Rotating options available daily from the Cafe!