

# January | 2023

# High School BREAKFAST MENU

Menu Subject to Change Based on Product Availability.



School breakfast  
fuels classroom  
performance!

Students can choose  
from hot & cold entrees,  
fresh fruit, 100% juice,  
and skim or low-fat milk  
to start the day right!



FULTON COUNTY SCHOOLS  
**SCHOOL NUTRITION**  
*Tasty Eats*  
WHERE STUDENTS COME FIRST



This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9 Chicken Biscuit Sausage Biscuit Doughnut Bites (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)	3 <b>Teacher Workday Schools Closed</b>	4 Chicken Biscuit Steak Biscuit French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)	5 Chicken Biscuit Sausage, Egg, & Cheese Croissant Pancake & Sausage on a Stick Smoothie with Scone (V)	6 Chicken Biscuit Waffle & Sausage Griddle French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)
16 <b>MLK Jr. Holiday Schools Closed</b>	10 Chicken Biscuit Bacon, Egg & Cheese Croissant French Toast Sticks (V) Smoothie with Scone (V)	11 Chicken Biscuit Steak Biscuit French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)	12 Chicken Biscuit Sausage, Egg, & Cheese Croissant Pancake & Sausage on a Stick Smoothie with Scone (V)	13 Chicken Biscuit Waffle & Sausage Griddle French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)
23 Chicken Biscuit Sausage Biscuit Doughnut Bites (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)	17 <b>Remote Learning Day Schools Closed</b>	18 Chicken Biscuit Steak Biscuit French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)	19 Chicken Biscuit Sausage, Egg, & Cheese Croissant Pancake & Sausage on a Stick Smoothie with Scone (V)	20 Chicken Biscuit Waffle & Sausage Griddle French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)
30 Chicken Biscuit Sausage Biscuit Doughnut Bites (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)	24 Chicken Biscuit Bacon, Egg & Cheese Croissant French Toast Sticks (V) Smoothie with Scone (V)	25 Chicken Biscuit Steak Biscuit French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)	26 Chicken Biscuit Sausage, Egg, & Cheese Croissant Pancake & Sausage on a Stick Smoothie with Scone (V)	27 Chicken Biscuit Waffle & Sausage Griddle French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)
	31 Chicken Biscuit Bacon, Egg & Cheese Croissant French Toast Sticks (V) Smoothie with Scone (V)	<b>Breakfast Price</b> Student: \$1.25 Reduced: \$0.30 Adult: \$2.00 daily assorted choice of milk daily fresh fruits • 100% fruit juice <i>locally sourced ingredients offered regularly</i> <b>daily vegetarian option (V)</b>		

# January | 2023

# High School

# LUNCH MENU

Menu Subject to Change Based on Product Availability.

Celebrate  
with  
the Café

Harvest of the  
Month: Tomatoes!



HILTON COUNTY SCHOOLS  
**SCHOOL NUTRITION**  
*Justly Eats*  
WHERE STUDENTS COME FIRST



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Lunch Price</b> Student: \$2.70 Reduced: \$0.40 Adult: \$4.00</p> <p>9 Chicken &amp; Waffles Scrambled Eggs with Waffles (V) Classic Pizza Slice: Cheese (V) or Pepperoni Sriracha Honey Chicken with Rice Steak Sliders Carrots &amp; Cucumber Sweet Potato Waffle Fries</p> <p>16 <b>MLK Jr. Holiday Schools Closed</b></p> <p>23 Southern Style Chicken Bites with Roll Sriracha Honey Chicken with Rice Classic Pizza Slice: Cheese (V) or Pepperoni Veggie Burger (V) Roasted Green Beans Carrots &amp; Cucumber</p> <p>30 Chicken &amp; Waffles Scrambled Eggs with Waffles (V) Classic Pizza Slice: Cheese (V) or Pepperoni Sriracha Honey Chicken with Rice Steak Sliders Carrots &amp; Cucumber Sweet Potato Waffle Fries</p>	<p>3 <b>Teacher Workday Schools Closed</b></p> <p>10 Chicken Parmesan with Breadstick Tex Mex Nachos • Cheese Nachos (V) Classic Pizza Slice: Cheese (V) or Buffalo Chicken Bacon Cheeseburger Carrot, Cucumber &amp; Cherry Tomato Steamed Broccoli</p> <p>17 <b>Remote Learning Day Schools Closed</b></p> <p>24 Veggie Italian Pasta Bake with Breadstick (V) Tex Mex Nachos • Cheese Nachos (V) Classic Pizza Slice: Cheese (V) or Buffalo Chicken Steak Sliders Carrot, Cucumber &amp; Cherry Tomato Steamed Broccoli</p> <p>31 Chicken Parmesan with Breadstick Tex Mex Nachos • Cheese Nachos (V) Classic Pizza Slice: Cheese (V) or Buffalo Chicken Bacon Cheeseburger Carrot, Cucumber &amp; Cherry Tomato Steamed Broccoli</p>	<p>4 General Tso's Chicken with Rice Chicken Filet Sandwich Mozzarella Cheese Sticks (V) Classic Pizza Slice: Cheese (V) or Pepperoni Carrots &amp; Cucumber Edamame Succotash</p> <p>11 General Tso's Chicken with Rice Salisbury Steak with Cornbread 3-Bean Chili with Cornbread (V) Chicken Filet Sandwich Classic Pizza Slice: Cheese (V) or Pepperoni Carrots &amp; Cucumber Mashed Potatoes</p> <p>18 General Tso's Chicken with Rice Chicken Filet Sandwich Mozzarella Cheese Sticks (V) Classic Pizza Slice: Cheese (V) or Pepperoni Carrots &amp; Cucumber Edamame Succotash</p> <p>25 General Tso's Chicken with Rice Chicken Filet Sandwich Mini Cheese Quesadillas (V) Bean &amp; Cheese Burrito (V) Classic Pizza Slice: Cheese (V) or Pepperoni Carrots &amp; Cucumber Curly Fries</p>	<p>5 Crispy Chicken Thigh with Roll Chicken Fajita Nachos • Cheese Nachos (V) Grilled Chicken Club Classic Pizza Slice: Cheese (V) or Meat Lover's Carrot, Cucumber &amp; Cherry Tomato Steamed Broccoli • Chocolate Chip Cookie</p> <p>12 Crispy Chicken Thigh with Roll Chicken Fajita Nachos • Cheese Nachos (V) Classic Pizza Slice: Cheese (V) or Meat Lover's Veggie Burger (V) Carrot, Cucumber &amp; Cherry Tomato Baked Beans • Chocolate Chip Cookie</p> <p>19 Crispy Chicken Thigh with Roll Chicken Fajita Nachos • Cheese Nachos (V) Turkey Hot Dog Classic Pizza Slice: Cheese (V) or Meat Lover's Carrot, Cucumber &amp; Cherry Tomato Roasted Green Beans • Chocolate Chip Cookie</p> <p>26 Crispy Chicken Thigh with Roll Chicken Fajita Nachos • Cheese Nachos (V) Cheeseburger Classic Pizza Slice: Cheese (V) or Meat Lover's Carrot, Cucumber &amp; Cherry Tomato Baked Beans Chocolate Chip Cookie</p>	<p>6 Classic Pizza Slice: Cheese (V) or Pepperoni Seafood Basket with Shrimp 3-Bean Chili with Hushpuppies (V) Teriyaki Chicken with Rice Spicy Chicken Sandwich Carrots &amp; Cucumber • Buffalo Cauliflower</p> <p>13 Classic Pizza Slice: Cheese (V) or Pepperoni Cod Nuggets with Mac &amp; Cheese Mac &amp; Cheese (V) Spicy Sichuan Chicken with Rice Spicy Chicken Sandwich Carrots &amp; Cucumber • Roasted Green Beans</p> <p>20 Classic Pizza Slice: Cheese (V) or Pepperoni Seafood Basket with Shrimp 3-Bean Chili with Hushpuppies (V) Teriyaki Chicken with Rice Spicy Chicken Sandwich Carrots &amp; Cucumber • Steamed Broccoli</p> <p>27 Classic Pizza Slice: Cheese (V) or Pepperoni Popcorn Shrimp with Mac &amp; Cheese Mac &amp; Cheese (V) Spicy Sichuan Chicken with Rice Spicy Chicken Sandwich Carrots &amp; Cucumber Sweet Potato Waffle Fries</p>
<p><b>Daily offerings:</b> Fresh deli subs, wraps &amp; salads • Signature side salad • Choice of milk • Assorted fresh fruits &amp; veggies <i>locally sourced ingredients offered regularly</i> <b>vegetarian option (V)</b></p> <p>This institution is an equal opportunity provider.</p>				