

November | 2023

High School BREAKFAST MENU

Menu Subject to Change Based on Product Availability.



School breakfast fuels classroom performance!

Students can choose from hot & cold entrees, fresh fruit, 100% juice, and skim or low-fat milk to start the day right!



FULTON COUNTY SCHOOLS
SCHOOL NUTRITION
Tasty Eats
WHERE STUDENTS COME FIRST



This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Daily offerings: fresh fruits • 100% fruit juice choice of milk <i>locally sourced ingredients offered regularly</i> daily vegetarian option (V)</p>		<p>1 Chicken Biscuit Chicken & Waffle Griddle French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)</p>	<p>2 Chicken Biscuit Egg, & Cheese Croissant (V) Doughnut Bites (V) Scone with Yogurt (V)</p>	<p>3 Chicken Biscuit Bacon, Egg & Cheese Croissant French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)</p>
<p>6 Chicken Biscuit Waffle & Sausage Griddle Doughnut Bites (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)</p>	<p>7 <i>Remote Learning Day Election Day</i></p>	<p>8 Chicken Biscuit Chicken & Waffle Griddle French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)</p>	<p>9 Chicken Biscuit Egg, & Cheese Croissant (V) Doughnut Bites (V) Scone with Yogurt (V)</p>	<p>10 Chicken Biscuit Bacon, Egg & Cheese Croissant French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)</p>
<p>13 Chicken Biscuit Waffle & Sausage Griddle Doughnut Bites (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)</p>	<p>14 Chicken Biscuit Sausage, Egg & Cheese Croissant French Toast Sticks (V) Scone with Yogurt (V)</p>	<p>15 Chicken Biscuit Chicken & Waffle Griddle French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)</p>	<p>16 Chicken Biscuit Egg, & Cheese Croissant (V) Doughnut Bites (V) Scone with Yogurt (V)</p>	<p>17 Chicken Biscuit Bacon, Egg & Cheese Croissant French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)</p>
<p>20 <i>Schools Closed Thanksgiving Break</i></p>	<p>21 <i>Schools Closed Thanksgiving Break</i></p>	<p>22 <i>Schools Closed Thanksgiving Break</i></p>	<p>23 <i>Schools Closed Thanksgiving Break</i></p>	<p>24 <i>Schools Closed Thanksgiving Break</i></p>
<p>27 Chicken Biscuit Waffle & Sausage Griddle Doughnut Bites (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)</p>	<p>28 Chicken Biscuit Sausage, Egg & Cheese Croissant French Toast Sticks (V) Scone with Yogurt (V)</p>	<p>29 Chicken Biscuit Chicken & Waffle Griddle French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)</p>	<p>30 Chicken Biscuit Egg, & Cheese Croissant (V) Doughnut Bites (V) Scone with Yogurt (V)</p>	<p>Breakfast Price Student: \$1.25 Reduced: \$0.30 Adult: \$2.75</p>

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High School

LUNCH MENU

Lunch Price
 Student: \$2.70
 Reduced: \$0.40
 Adult: \$4.75

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Celebrate with
the Café

Harvest of the Month:
GA Grown Kale!



Daily offerings:

- Chef selection hot sandwiches & chicken basket
 - Fresh deli subs, wraps & salads
 - Signature side salad
 - Assorted fresh fruits & veggies
 - Choice of milk
- locally sourced ingredients offered regularly
vegetarian option (V)

FULTON COUNTY SCHOOLS
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Enjoy a variety of on-the-go, student-favorite burgers, hot sandwiches, or chicken baskets through the Express Eats line.
Rotating options available daily from the Café!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 Chicken & Waffles Sriracha Honey Chicken with Rice Classic Pizza Slice: Cheese (V) or Pepperoni Carrots & Cucumber Roasted Green Beans Seasoned Crinkle Fries	7 <i>Remote Learning Day Election Day</i>	1 Mozzarella Cheese Sticks (V) General Tso's Chicken with Rice Classic Pizza Slice: Cheese (V) or Pepperoni Carrots & Cucumber Roasted Green Beans Seasoned Crinkle Fries	2 Crispy Chicken Thigh with Garlic Knot Classic Pizza Slice: Cheese (V) or Meat Lover's Fajita Chicken or Grande Nachos Cheese Nachos (V) Carrot, Cucumber & Cherry Tomato Baked Beans • Tater Tots Chocolate Chip Cookie	3 Classic Pizza Slice: Cheese (V) or Pepperoni Seafood Basket Chicken Teriyaki Dumplings Carrots & Cucumber Seasoned Crinkle Fries Seasonal Veggie: Collard Greens
13 Chef Selection Wings with Roll Tangerine Chicken with Rice Classic Pizza Slice: Cheese (V) or Pepperoni 100% Fruit Slushie Carrots & Cucumber Kickin' Cajun Carrots Seasoned Crinkle Fries	14 Tex Mex Walking Nachos Cheese Walking Nachos (V) Veggie Lasagna with Breadstick (V) Classic Pizza Slice: Cheese (V) or Buffalo Chicken Carrot, Cucumber & Cherry Tomato Black Beans • Tater Tots	8 Mini Cheese Quesadillas (V) General Tso's Chicken with Rice Classic Pizza Slice: Cheese (V) or Pepperoni Carrots & Cucumber Edamame Succotash Seasoned Crinkle Fries	9 Crispy Chicken Thigh with Garlic Knot Classic Pizza Slice: Cheese (V) or Meat Lover's Fajita Chicken or Grande Nachos Cheese Nachos (V) Carrot, Cucumber & Cherry Tomato Baked Beans • Tater Tots Chocolate Chip Cookie	10 Classic Pizza Slice: Cheese (V) or Pepperoni Popcorn Shrimp with Mac & Cheese Mac & Cheese (V) Spicy Sichuan Chicken with Rice Carrots & Cucumber Kickin' Cajun Carrots Seasoned Crinkle Fries Harvest of the Month: Kale Chips
20 <i>Schools Closed Thanksgiving Break</i>	21 <i>Schools Closed Thanksgiving Break</i>	15 Mozzarella Cheese Sticks (V) Teriyaki Chicken with Rice Classic Pizza Slice: Cheese (V) or Pepperoni Carrots & Cucumber Edamame Succotash Seasoned Crinkle Fries	16 Crispy Chicken Thigh with Garlic Knot Classic Pizza Slice: Cheese (V) or Meat Lover's Chicken Fajita Nachos or Grande Nachos Cheese Nachos (V) Carrot, Cucumber & Cherry Tomato Steamed Broccoli • Tater Tots Chocolate Chip Cookie	17 Classic Pizza Slice: Cheese (V) or Pepperoni Seafood Basket General Tso's Chicken with Rice Carrots & Cucumber Buffalo Cauliflower Seasoned Crinkle Fries
27 Chicken & Waffles Sriracha Honey Chicken with Rice Classic Pizza Slice: Cheese (V) or Pepperoni Carrots & Cucumber Edamame Succotash • Tater Tots	28 Tex Mex Queso Walking Nachos Queso Walking Nachos (V) Chicken Parmesan with Breadstick Classic Pizza Slice: Cheese (V) or Buffalo Chicken Carrot, Cucumber & Cherry Tomato Steamed Broccoli Seasoned Crinkle Fries	22 <i>Schools Closed Thanksgiving Break</i>	23 <i>Schools Closed Thanksgiving Break</i>	24 <i>Schools Closed Thanksgiving Break</i>
		29 Cheese Stuffed Breadsticks (V) General Tso's Chicken with Rice Tomato Basil Soup with Grilled Cheese Classic Pizza Slice: Cheese (V) or Pepperoni Carrots & Cucumber Mixed Veggies • Tater Tots	30 Crispy Chicken Thigh with Garlic Knot Classic Pizza Slice: Cheese (V) or Meat Lover's Fajita Chicken or Grande Nachos Cheese Nachos (V) Carrot, Cucumber & Cherry Tomato Baked Beans • Seasoned Crinkle Fries Chocolate Chip Cookie	