Menu Subject to Change Based on Product Availability.

<table>
<thead>
<tr>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
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<tbody>
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<td>5</td>
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<td>Labor Day</td>
<td>Remote Learning Day</td>
<td>Steak Biscuit</td>
<td>Pancake &amp; Sausage on a Stick</td>
<td>French Toast Sticks</td>
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**September 2022**

Kids who eat well, learn better!

Students can choose from hot & cold entrees, fresh fruit, 100% juice, and skim or low-fat milk to start the day right!

**Breakfast Price**

Student: $1.25
Reduced: $0.30
Adult: $2.00

daily assorted milk • daily fresh fruits • 100% fruit juice

locally sourced ingredients offered regularly

This institution is an equal opportunity provider.
**Nutritious School Meals Help Kids Learn!**

- Improves test scores
- Helps with comprehension & memory
- Increased attendance
- Improves diet health
- Reduces visits to the school nurse

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**Daily offerings:**
- assorted milk
- assorted fresh fruits & veggies

**Locally sourced ingredients offered regularly**

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**September 2022**

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**Independence High School**

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**Lunch Menu**

Menu Subject to Change Based on Product Availability.

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<tr>
<td><strong>Lunch Price</strong></td>
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</tr>
<tr>
<td>Student: $2.70</td>
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<td>Reduced: $0.40</td>
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<td>Adult: $4.00</td>
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**MONDAY**

1. **Labor Day**
   - Schools Closed

**TUESDAY**

2. **Remote Learning Day**
   - Chicken Alfredo with Breadstick
   - Fresh Deli Sub
   - Signature Side Salad
   - Corn & Bean Salsa

**WEDNESDAY**

3. **General Tso’s Chicken**
   - with Brown Rice
   - Chicken Filet Sandwich
   - Signature Side Salad
   - Baby Carrots

**THURSDAY**

4. **Crispy Chicken Thigh with Roll**
   - Fresh Deli Sub
   - Signature Side Salad
   - Corn & Bean Salsa
   - Chocolate Chip Cookie

**FRIDAY**

5. **Classic Pizza Slice**
   - Spicy Chicken Sandwich
   - Signature Side Salad
   - Baby Carrots