

May | 2024

# High School BREAKFAST MENU

Menu Subject to Change Based on Product Availability.



School breakfast  
fuels classroom  
performance!

Students can choose  
from hot & cold entrees,  
fresh fruit, 100% juice,  
and skim or low-fat milk  
to start the day right!



FULTON COUNTY SCHOOLS  
**SCHOOL NUTRITION**

*Tasty Eats*

WHERE STUDENTS COME FIRST



This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6 Chicken Biscuit Waffle & Sausage Griddle Doughnut Bites (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)	7 Chicken Biscuit Sausage, Egg & Cheese Croissant French Toast Sticks (V) Scone with Yogurt (V)	1 Chicken Biscuit Chicken & Waffle Griddle French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)	2 Chicken Biscuit Egg, & Cheese Croissant (V) Doughnut Bites (V) Scone with Yogurt (V)	3 Chicken Biscuit Bacon, Egg & Cheese Croissant French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)
13 Chicken Biscuit Waffle & Sausage Griddle Doughnut Bites (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)	14 Chicken Biscuit Sausage, Egg & Cheese Croissant French Toast Sticks (V) Scone with Yogurt (V)	8 Chicken Biscuit Chicken & Waffle Griddle French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)	9 Chicken Biscuit Egg, & Cheese Croissant (V) Doughnut Bites (V) Scone with Yogurt (V)	10 Chicken Biscuit Bacon, Egg & Cheese Croissant French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)
20 Chicken Biscuit Waffle & Sausage Griddle Doughnut Bites (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)	21 <i>Remote Learning Day Election Day</i>	15 Chicken Biscuit Chicken & Waffle Griddle French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)	16 Chicken Biscuit Egg, & Cheese Croissant (V) Doughnut Bites (V) Scone with Yogurt (V)	17 Chicken Biscuit Bacon, Egg & Cheese Croissant French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)
		22 Chicken Biscuit Chicken & Waffle Griddle French Toast Sticks (V) Assorted Cereal (V) Assorted Cereal (V) Assorted Cereal (V)	23 Last day of School! Chicken Biscuit Egg, & Cheese Croissant (V) Doughnut Bites (V) Scone with Yogurt (V)	

Daily offerings:  
fresh fruits • 100% fruit juice • choice of milk  
locally sourced ingredients offered regularly  
**daily vegetarian option (V)**

**Breakfast  
Price**  
Student: \$1.25  
Reduced: \$0.30  
Adult: \$2.75

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# High School LUNCH MENU

Menu Subject to Change Based on Product Availability.

Did You Know:

## Nutritious School Meals Help Kids Learn!

- ✓ Improves test scores
- ✓ Helps with comprehension & memory
- ✓ Increased attendance
- ✓ Improves diet health
- ✓ Reduces visits to the school nurse



### Daily offerings:

- Chef selection hot sandwiches & chicken basket
- Fresh deli subs, wraps & salads
- Signature side salad
- Assorted fresh fruits & veggies
- Choice of milk

locally sourced ingredients offered regularly  
vegetarian option (V)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Mongolian Beef with Rice Mozzarella Cheese Sticks (V) Classic Pizza Slice: Cheese (V) or Pepperoni Carrots & Cucumber Edamame Succotash Seasoned Crinkle Fries	2 Crispy Chicken Thigh with Garlic Knot Classic Pizza Slice: Cheese (V) or Meat Lover's Chicken Fajita Nachos or Grande Nachos Cheese Nachos (V) Carrot, Cucumber & Cherry Tomato Steamed Broccoli • Tater Tots Chocolate Chip Cookie	3 Classic Pizza Slice: Cheese (V) or Pepperoni Seafood Basket General Tso's Chicken with Rice Carrots & Cucumber Seasoned Crinkle Fries
6 Tangerine Chicken with Rice Chicken & Waffles Classic Pizza Slice: Cheese (V) or Pepperoni Carrots & Cucumber Edamame Succotash • Tater Tots	7 Tex Mex Queso Walking Nachos Queso Walking Nachos (V) Classic Pizza Slice: Cheese (V) or Buffalo Chicken Chicken Parmesan with Breadstick Carrot, Cucumber & Cherry Tomato Black Beans Seasoned Crinkle Fries	8 Cheese Stuffed Breadsticks (V) Spicy Sichuan Chicken Lo Mein with Egg Roll Classic Pizza Slice: Cheese (V) or Pepperoni Carrots & Cucumber Seasonal: Roasted Red Potatoes Tater Tots	9 Crispy Chicken Thigh with Garlic Knot Classic Pizza Slice: Cheese (V) or Meat Lover's Fajita Chicken or Grande Nachos Cheese Nachos (V) Carrot, Cucumber & Cherry Tomato Sweet Potato Waffle Fries Farm Fresh Roasted Green Beans Chocolate Chip Cookie	10 Classic Pizza Slice: Cheese (V) or Pepperoni Fiesta Fish Tacos General Tso's Chicken with Rice Carrots & Cucumber Steamed Broccoli • Tater Tots
13 Chef Selection Wings with Roll Tangerine Chicken with Rice Classic Pizza Slice: Cheese (V) or Pepperoni 100% Fruit Slushie Carrots & Cucumber Edamame Succotash Seasoned Crinkle Fries	14 Tex Mex Queso Walking Nachos Queso Walking Nachos (V) Veggie Alfredo Pasta with Cheese Stuffed Breadstick (V) Chicken Alfredo with Cheese Stuffed Breadstick Classic Pizza Slice: Cheese (V) or Buffalo Chicken Carrot, Cucumber & Cherry Tomato Steamed Broccoli • Tater Tots	15 Birria Barbacoa Tacos General Tso's Chicken with Rice Classic Pizza Slice: Cheese (V) or Pepperoni Carrots & Cucumber Steamed Corn Seasoned Crinkle Fries	16 Crispy Chicken Thigh with Garlic Knot Classic Pizza Slice: Cheese (V) or Meat Lover's Fajita Chicken or Grande Nachos Cheese Nachos (V) Carrot, Cucumber & Cherry Tomato Baked Beans • Tater Tots Chocolate Chip Cookie	17 Classic Pizza Slice: Cheese (V) or Pepperoni Seafood Basket Chicken Teriyaki Dumplings Carrots & Cucumber Farm Fresh Roasted Green Beans Seasoned Crinkle Fries
20 Classic Pizza Slice: Cheese (V) Carrots & Cucumber Sweet Potato Waffle Fries	21 <i>Remote Learning Day</i> <i>Election Day</i>	22 Classic Pizza Slice: Cheese (V) Carrots & Cucumber Tater Tots	23 Last day of School! Classic Pizza Slice: Cheese (V) Carrot, Cucumber & Cherry Tomato Baked Beans Chocolate Chip Cookie	<b>Lunch Price</b> Student: \$2.70 Reduced: \$0.40 Adult: \$4.75



Enjoy a variety of on-the-go, student-favorite burgers, hot sandwiches, or chicken baskets through the Express Eats line.  
*Rotating options available daily from the Cafe!*