

# October | 2021

# McClarlin & Independence BREAKFAST MENU

Menu Subject to Change Based on Product Availability.



Kids who eat well,  
learn better!

Students can choose  
from hot & cold  
entrees, fresh fruit,  
100% juice, and skim  
or low-fat milk to  
start the day right!



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 French Toast Sticks 100% Fruit Juice Assorted Fresh Fruit
4 Chicken Biscuit 100% Fruit Juice Assorted Fresh Fruit	5 Doughnut Bites 100% Fruit Juice Assorted Fresh Fruit	6 Sausage Biscuit 100% Fruit Juice Assorted Fresh Fruit	7 Pancake & Sausage on a Stick 100% Fruit Juice Assorted Fresh Fruit	8 French Toast Sticks 100% Fruit Juice Assorted Fresh Fruit
11 <b>Schools Closed Columbus Day</b>	12 <b>Schools Closed Teacher Work Day</b>	13 Sausage Biscuit 100% Fruit Juice Assorted Fresh Fruit	14 Pancake & Sausage on a Stick 100% Fruit Juice Assorted Fresh Fruit	15 French Toast Sticks 100% Fruit Juice Assorted Fresh Fruit
18 Chicken Biscuit 100% Fruit Juice Assorted Fresh Fruit	19 Doughnut Bites 100% Fruit Juice Assorted Fresh Fruit	20 Sausage Biscuit 100% Fruit Juice Assorted Fresh Fruit	21 Pancake & Sausage on a Stick 100% Fruit Juice Assorted Fresh Fruit	22 French Toast Sticks 100% Fruit Juice Assorted Fresh Fruit
25 Chicken Biscuit 100% Fruit Juice Assorted Fresh Fruit	26 Doughnut Bites 100% Fruit Juice Assorted Fresh Fruit	27 Sausage Biscuit 100% Fruit Juice Assorted Fresh Fruit	28 Pancake & Sausage on a Stick 100% Fruit Juice Assorted Fresh Fruit	29 French Toast Sticks 100% Fruit Juice Assorted Fresh Fruit



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# McClarion & Independence LUNCH MENU

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Did You Know:

## Nutritious School Meals Help Kids Learn!

- ✓ Improves test scores
- ✓ Helps with comprehension & memory
- ✓ Increased attendance
- ✓ Improves diet health
- ✓ Reduces visits to the school nurse



FULTON COUNTY SCHOOLS  
**SCHOOL NUTRITION**  
*Tasty Eats*  
WHERE STUDENTS COME FIRST



This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>Daily offerings:</b> Assorted milk • Assorted fresh fruits &amp; veggies <i>Locally Sourced Ingredients Offered Regularly</i></p>			<p><b>Lunch Price</b> Student: FREE Adult: \$3.45</p>	
<p>4 Nashville Hot Chicken Nuggets with Breadstick Classic Pizza Slice: Cheese Signature Side Salad Baby Carrots</p>	<p>5 Veggie Lasagna with Breadstick Fresh Deli Sub Signature Side Salad Corn &amp; Bean Salsa</p>	<p>6 General Tso's Chicken with Brown Rice Chicken Filet Sandwich Signature Side Salad Baby Carrots</p>	<p>7 Southern Breaded Chicken with Texas Toast Fresh Deli Sub Signature Side Salad Corn &amp; Bean Salsa Chocolate Chip Cookie</p>	<p>1 Classic Pizza Slice: Cheese Spicy Chicken Sandwich Signature Side Salad Baby Carrots</p>
<p>11 <b>Schools Closed Columbus Day</b></p>	<p>12 <b>Schools Closed Teacher Work Day</b></p>	<p>13 Classic Pizza Slice: Pepperoni Chicken Filet Sandwich Signature Side Salad Baby Carrots</p>	<p>14 Chicken of the Day with Roll Fresh Deli Sub Signature Side Salad Corn &amp; Bean Salsa Chocolate Chip Cookie</p>	<p>8 Classic Pizza Slice: Cheese Spicy Chicken Sandwich Signature Side Salad Baby Carrots</p> <p>15 Classic Pizza Slice: Cheese Spicy Chicken Sandwich Signature Side Salad Baby Carrots</p>
<p>18 Chicken &amp; Waffles Steakburger Signature Side Salad Baby Carrots</p>	<p>19 Italian Pasta Bake with Breadstick Fresh Deli Sub Signature Side Salad Corn &amp; Bean Salsa</p>	<p>20 General Tso's Chicken with Brown Rice Classic Pizza Slice: Cheese Signature Side Salad Baby Carrots</p>	<p>21 Southern Breaded Chicken with Texas Toast Fresh Deli Sub Signature Side Salad Corn &amp; Bean Salsa Chocolate Chip Cookie</p>	<p>22 Classic Pizza Slice: Cheese Spicy Chicken Sandwich Signature Side Salad Baby Carrots</p>
<p>25 Chicken Tenders with Breadstick Mini Burgers Signature Side Salad Baby Carrots</p>	<p>26 Bacon Cheeseburger Fresh Deli Sub Signature Side Salad Corn &amp; Bean Salsa</p>	<p>27 Classic Pizza Slice: Pepperoni Chicken Filet Sandwich Signature Side Salad Baby Carrots</p>	<p>28 Chicken of the Day with Roll Fresh Deli Sub Signature Side Salad Corn &amp; Bean Salsa Chocolate Chip Cookie</p>	<p>29 Classic Pizza Slice: Cheese Spicy Chicken Sandwich Signature Side Salad Baby Carrots</p>