December 2023

Elementary School LUNGERUS

Menu Subject to Change Based on Product Availability.



Harvest of the Month: Oranges!





WHERE STUDENTS COME FIRST



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<u>Daily offerings</u> : assorted fresh fruits & veggies • choice of milk vegetarian options (V) locally sourced ingredients offered regularly			unch Price Student: \$2.45 Reduced: \$0.40 Adult: \$4.75	1 Classic Pizza Slice: Cheese (V) or Meat Lover's Filet of Fish Sandwich • Jammer (V) Carrot, Cucumber & Cherry Tomato Roasted Green Beans
:	Veggie Alfredo Pasta with Cheese Stuffed Breadstick (V) Chicken Alfredo with Cheese Stuffed Breadstick Chicken Nuggets with Breadstick Yogurt & Cheese Pack (V) Baby Carrots • Smiley Fries	5 Teriyaki Chicken with Rice Asian Style MorningStar Chik'n with Rice (V) Classic Pizza Slice: Pepperoni Energy Pack (V) Signature Side Salad Peas & Carrots	Grande Nachos Cheese Nachos (V) Hamburger • Cheeseburger Black Bean Taco Salad (V) Baby Carrots • Black Beans	7 Crispy Chicken of the Day with Cornbread Poppers 3-Bean Chili with Cornbread Poppers (V) Cheese Pizza Pack (V) Signature Side Salad Seasonal Veggie: Collard Greens Chocolate Chip Cookie	8 Classic Pizza Slice: Cheese (V) Popcorn Shrimp with Mac & Cheese Mac & Cheese (V) Jamwich Pack (V) Carrot, Cucumber & Cherry Tomato Steamed Broccoli
	Spaghetti with Meat Sauce Chicken Filet Sandwich Yogurt & Cheese Pack (V) 100% Fruit Slushie Baby Carrots • Mixed Veggies	Tangerine Chicken with Rice Mini Corndogs Cheese Pizza Pack (V) Signature Side Salad Steamed Broccoli	White Chicken Chili with Jalapeno Cheddar Biscuit Mini Cheese Quesadillas (V) Sunflower Seed Chef Salad (V) Jamwich Pack (V) Baby Carrots Steamed Corn	14 Crispy Chicken of the Day with Roll Cheese Bites (V) Hummus Bento Box (V) Signature Side Salad • Baked Beans Chocolate Chip Cookie	15 Classic Pizza Slice: Cheese (V) or Meat Lover's Seafood Basket • Energy Pack (V) Carrot, Cucumber & Cherry Tomato Roasted Green Beans
	18 Schools Closed Winter Break	19 Schools Closed Winter Break	20 Schools Closed Winter Break	21 Schools Closed Winter Break	22 Schools Closed Winter Break
	25 Schools Closed Winter Break	26 <i>Schools Closed Winter Break</i>	21 Schools Closed Winter Break	28 <i>Schools Closed Winter Break</i>	29 Schools Closed Winter Break

December 2023

Middle School BREAKFAST-MENU

Menu Subject to Change Based on Product Availability.



School breakfast fuels classroom performance!

Students can choose from hot & cold entrees, fresh fruit, 100% juice, and skim or low-fat milk to start the day right!







MONDAYO	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
_	_		_	1 Chicken Biscuit Cinnamon Glazed Pancakes (V) Assorted Cereal (V) Assorted Cereal (V)
4 Chicken Biscuit	5 Sausage, Egg &	6 Chicken & Waffle Griddle	7 Sausage Biscuit	8 Chicken Biscuit
Pancake & Sausage	Cheese Croissant	Waffle & Sausage Griddle	French Toast Sticks (V)	Cinnamon Glazed Pancakes (V)
on a Stick	French Toast Sticks (V)	Assorted Cereal (V)	Pop-Tart with Yogurt (V)	Assorted Cereal (V)
Assorted Cereal (V) Assorted Cereal (V)	Muffin with Yogurt (V)	Assorted Cereal (V)		Assorted Cereal (V)
11 Chicken Biscuit Pancake & Sausage on a Stick Assorted Cereal (V) Assorted Cereal (V)	Sausage, Egg & Cheese Croissant French Toast Sticks (V) Muffin with Yogurt (V)	13 Chicken & Waffle Griddle Waffle & Sausage Griddle Assorted Cereal (V) Assorted Cereal (V)	14 Sausage Biscuit French Toast Sticks (V) Pop-Tart with Yogurt (V)	Chicken Biscuit Cinnamon Glazed Pancakes (V) Assorted Cereal (V) Assorted Cereal (V)
18	19	20	21	22
Schools Closed Winter Break	Schools Closed Winter Break	Schools Closed Winter Break	Schools Closed Winter Break	Schools Closed Winter Break
25	26	27	28	29
Schools Closed Winter Break	Schools Closed Winter Break	Schools Closed Winter Break	Schools Closed Winter Break	Schools Closed Winter Break

Daily offerings:
fresh fruits • 100% fruit juice • choice of milk
locally sourced ingredients offered regularly
daily vegetarian option (V)

Breakfast Price

Student: \$1.25 Reduced: \$0.30 Adult: \$2.75

December 2023



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This institution is an equal opportunity provider.

Harvest of the Month: **Oranges!**







Daily offerings:

Chef selection hot sandwiches & chicken basket

TUESDAY

- Chef selection salads
- Assorted fresh fruits & veggies
- · Choice of milk

Veggie Alfredo Pasta with

Cheese Stuffed Breadstick (V)

Chicken Alfredo with

Cheese Stuffed Breadstick

3-Bean Chili with Cornbread Poppers (V)

Fresh Deli Subs

100% Fruit Slushie

Baby Carrots • Steamed Broccoli

Seasoned Crinkle Fries

Chicken & Waffles

Mini Cheese Ouesadillas (V)

Fresh Deli Subs

Baby Carrots • Tater Tots

Schools Closed

Winter Break

Schools Closed

Winter Break

11

18

25

locally sourced ingredients offered regularly vegetarian option (V)

> General Tso's Chicken with Fried Rice Classic Pizza Slice: Fresh Deli Subs Cheese (V) or Meat Lover's Wrap of the Day

> > 27

12 Teriyaki Chicken with Fried Rice Classic Pizza Slice: Cheese (V) or Buffalo Chicken Wrap of the Day Steamed Broccoli • Tater Tots

Signature Side Salad

Tater Tots

Schools Closed Winter Break

19

26

Schools Closed Winter Break

Queso Fajita Chicken Nachos White Queso Nachos (V) Baby Carrots • Black Beans Seasoned Crinkle Fries

WEDNESDAY

Grande Walking Nachos White Oueso Walking Nachos (V) Mozzarella Cheese Sticks (V) Fresh Deli Subs Baby Carrots • Black Beans **Tater Tots**

20 Schools Closed Winter Break

Schools Closed Winter Break

Lunch Price

THURSDAY

Student: \$2.70 Reduced: \$0.40 Adult: \$4.75

Crispy Chicken of the Day with Roll Classic Pizza Slice: Cheese (V) or Pepperoni Wrap of the Day Signature Side Salad • Tater Tots Seasonal Veggie: Collard Greens Chocolate Chip Cookie

Crispy Chicken of the Day with Texas Toast Classic Pizza Slice: Cheese (V)

White Chicken Chili with Jalaneno Cheddar Biscuit Wrap of the Day

Signature Side Salad • Roasted Green Beans **Seasoned Crinkle Fries Chocolate Chip Cookie**

> Schools Closed Winter Break

Schools Closed Winter Break

Classic Pizza Slice: Cheese (V) Fiesta Fish Tacos **Tomato Basil Soup** with Grilled Cheese (V)

FRIDAY

Fresh Deli Subs Carrot, Cucumber & Cherry Tomato **Buffalo Cauliflower Tater Tots**

Classic Pizza Slice: Cheese (V) Popcorn Shrimp with Mac & Cheese Mac & Cheese (V) Fresh Deli Subs Carrot, Cucumber & Cherry Tomato **Roasted Green Beans**

Seasoned Crinkle Fries

Classic Pizza Slice: Cheese (V) or Pepperoni Seafood Basket Fresh Deli Subs

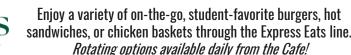
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Carrot, Cucumber & Cherry Tomato **Tater Tots**

> Schools Closed Winter Break

29 Schools Closed Winter Break



21

28

