

# February | 2024

# Middle School BREAKFAST MENU

Menu Subject to Change Based on Product Availability.



School breakfast  
fuels classroom  
performance!

Students can choose  
from hot & cold entrees,  
fresh fruit, 100% juice,  
and skim or low-fat milk  
to start the day right!



FULTON COUNTY SCHOOLS  
**SCHOOL NUTRITION**  
*Truly Eats*  
WHERE STUDENTS COME FIRST



This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Daily offerings: fresh fruits • 100% fruit juice • choice of milk <i>locally sourced ingredients offered regularly</i> <b>daily vegetarian option (V)</b>				
5 Chicken Biscuit Pancake & Sausage on a Stick Assorted Cereal (V) Assorted Cereal (V)	6 Sausage, Egg & Cheese Croissant French Toast Sticks (V) Muffin with Yogurt (V)	7 Chicken & Waffle Griddle Waffle & Sausage Griddle Assorted Cereal (V) Assorted Cereal (V)	1 Sausage Biscuit French Toast Sticks (V) Pop-Tart with Yogurt (V)	2 Chicken Biscuit Cinnamon Glazed Pancakes (V) Assorted Cereal (V) Assorted Cereal (V)
12 Chicken Biscuit Pancake & Sausage on a Stick Assorted Cereal (V) Assorted Cereal (V)	13 Sausage, Egg & Cheese Croissant French Toast Sticks (V) Muffin with Yogurt (V)	14 Chicken & Waffle Griddle Waffle & Sausage Griddle Assorted Cereal (V) Assorted Cereal (V)	8 Sausage Biscuit French Toast Sticks (V) Pop-Tart with Yogurt (V)	9 Chicken Biscuit Cinnamon Glazed Pancakes (V) Assorted Cereal (V) Assorted Cereal (V)
19 <i>Schools Closed Presidents' Day</i>	20 <i>Schools Closed Professional Development Day</i>	21 Chicken & Waffle Griddle Waffle & Sausage Griddle Assorted Cereal (V) Assorted Cereal (V)	15 Sausage Biscuit French Toast Sticks (V) Pop-Tart with Yogurt (V)	16 Chicken Biscuit Cinnamon Glazed Pancakes (V) Assorted Cereal (V) Assorted Cereal (V)
26 Chicken Biscuit Pancake & Sausage on a Stick Assorted Cereal (V) Assorted Cereal (V)	27 Sausage, Egg & Cheese Croissant French Toast Sticks (V) Muffin with Yogurt (V)	28 Chicken & Waffle Griddle Waffle & Sausage Griddle Assorted Cereal (V) Assorted Cereal (V)	22 Sausage Biscuit French Toast Sticks (V) Pop-Tart with Yogurt (V)	23 Chicken Biscuit Cinnamon Glazed Pancakes (V) Assorted Cereal (V) Assorted Cereal (V)
			29 Sausage Biscuit French Toast Sticks (V) Pop-Tart with Yogurt (V)	<b>Breakfast Price</b> Student: \$1.25 Reduced: \$0.30 Adult: \$2.75

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# Middle School LUNCH MENU

Menu Subject to Change Based on Product Availability.

This institution is an equal opportunity provider.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Enjoy a variety of on-the-go, student-favorite burgers, hot sandwiches, or chicken baskets through the Express Eats line.  
*Rotating options available daily from the Cafe!*

- 5** Chicken & Waffles  
Mini Cheese Quesadillas (V)  
Fresh Deli Subs  
Baby Carrots • Tater Tots
- 12** Veggie Alfredo Pasta with Cheese Stuffed Breadstick (V)  
Chicken Alfredo with Cheese Stuffed Breadstick  
3-Bean Chili with Cornbread Poppers (V)  
Fresh Deli Subs  
100% Fruit Slushie  
Baby Carrots • Steamed Broccoli  
Seasoned Crinkle Fries

- 6** NEW Super Bowl Special:  
Classic Pizza Slice: BBQ Chicken  
Classic Pizza Slice: Cheese (V)  
Tangerine Chicken with Fried Rice  
Wrap of the Day  
Signature Side Salad  
Steamed Broccoli  
Seasoned Crinkle Fries
- 13** General Tso's Chicken with Fried Rice  
Classic Pizza Slice: Cheese (V) or Meat Lover's  
Wrap of the Day  
Signature Side Salad  
Tater Tots

- 7** Grande Walking Nachos  
Queso Walking Nachos (V)  
Cheese Stuffed Breadsticks (V)  
Fresh Deli Subs  
Baby Carrots • Tater Tots
- 14** Queso Fajita Chicken Nachos  
White Queso Nachos (V)  
Fresh Deli Subs  
Be Mine Valentine's Fruit Slush  
Baby Carrots • Black Beans  
Seasoned Crinkle Fries

- 1** Crispy Chicken of the Day with Texas Toast  
Classic Pizza Slice: Cheese (V) or Pepperoni  
Wrap of the Day  
Signature Side Salad • Tater Tots  
Chocolate Chip Cookie
- 8** NEW Super Bowl Special:  
Buffalo Wings with Roll  
Classic Pizza Slice: Cheese (V) or Pepperoni  
Jammer (V) • Wrap of the Day  
Signature Side Salad  
Baked Beans • Seasoned Crinkle Fries  
Chocolate Chip Cookie
- 15** Crispy Chicken of the Day with Roll  
Classic Pizza Slice: Cheese (V) or Pepperoni  
Wrap of the Day  
Signature Side Salad  
Sweet Potato Waffle Fries  
Chocolate Chip Cookie

- 2** Classic Pizza Slice: Cheese (V)  
Popcorn Shrimp with Mac & Cheese  
Mac & Cheese (V)  
Fresh Deli Subs  
Carrot, Cucumber & Cherry Tomato  
Kickin' Cajun Carrots  
Seasoned Crinkle Fries
- 9** Classic Pizza Slice: Cheese (V)  
Fiesta Fish Tacos  
Tomato Basil Soup with Grilled Cheese (V)  
Fresh Deli Subs  
Carrot, Cucumber & Cherry Tomato  
Buffalo Cauliflower  
Tater Tots
- 16** Classic Pizza Slice: Cheese (V)  
Popcorn Shrimp with Mac & Cheese  
Mac & Cheese (V)  
Fresh Deli Subs  
Carrot, Cucumber & Cherry Tomato  
Seasonal Veggie: Brussel Sprouts  
Seasoned Crinkle Fries

**19**  
*Schools Closed*  
*Presidents' Day*

**20**  
*Schools Closed*  
*Professional Development Day*

- 21** Grande Walking Nachos  
White Queso Walking Nachos (V)  
Mozzarella Cheese Sticks (V)  
Fresh Deli Subs  
Baby Carrots • Black Beans  
Tater Tots

- 22** Crispy Chicken of the Day with Texas Toast  
Classic Pizza Slice: Cheese (V)  
White Chicken Chili with Jalapeno Cheddar Biscuit  
Wrap of the Day  
Signature Side Salad • Seasoned Crinkle Fries  
Chocolate Chip Cookie

- 23** Classic Pizza Slice: Cheese (V) or Pepperoni  
Seafood Basket  
Fresh Deli Subs  
Carrot, Cucumber & Cherry Tomato  
Steamed Broccoli • Tater Tots

- 26** Spaghetti with Meat Sauce  
Classic Pizza Slice: Cheese (V) or Meat Lover's  
Jammer (V) • Fresh Deli Subs  
100% Fruit Slushie  
Baby Carrots • Steamed Broccoli  
Seasoned Crinkle Fries

- 27** Chicken Teriyaki Dumplings  
Broccoli Cheese Soup with Breadstick(V)  
Wrap of the Day  
Signature Side Salad  
Roasted Green Beans • Tater Tots

- 28** Tex Mex Nachos  
Cheese Nachos (V)  
Fresh Deli Subs  
Baby Carrots  
Black Beans  
Seasoned Crinkle Fries

- 29** Crispy Chicken of the Day with Texas Toast  
Classic Pizza Slice: Cheese (V) or Pepperoni  
Wrap of the Day  
Signature Side Salad • Seasoned Crinkle Fries  
Chocolate Chip Cookie

**Lunch Price**  
Student: \$2.70  
Reduced: \$0.40  
Adult: \$4.75

Celebrate with  
the Cafe

Tackle the day with  
School Nutrition  
Super Bowl LVIII  
2/6-9/2024



### Daily offerings:

- Chef selection hot sandwiches & chicken basket
- Chef selection salads
- Assorted fresh fruits & veggies
- Choice of milk

locally sourced ingredients offered regularly  
vegetarian option (V)

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