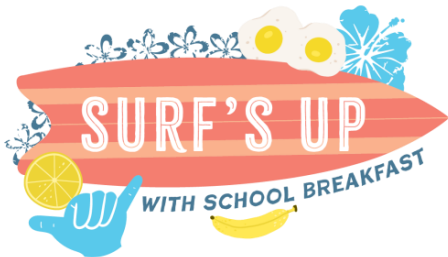


March | 2024

Middle School BREAKFAST MENU

Menu Subject to Change Based on Product Availability.

Celebrate with
the Café



**National School
Breakfast Week
3/4-8/2024**

FULTON COUNTY SCHOOLS
SCHOOL NUTRITION
Tasty Eats
WHERE STUDENTS COME FIRST



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Daily offerings: fresh fruits • 100% fruit juice • choice of milk <i>locally sourced ingredients offered regularly</i> daily vegetarian option (V)</p>				
<p>Breakfast Price Student: \$1.25 Reduced: \$0.30 Adult: \$2.75</p>				
<p>4 National School Breakfast Week Chicken Biscuit Pancake & Sausage on a Stick Assorted Cereal (V) Assorted Cereal (V)</p>	<p>5 National School Breakfast Week Limited Time Only: Apple Cinnamon Texas Toast (V) Sausage, Egg & Cheese Croissant French Toast Sticks (V)</p>	<p>6 National School Breakfast Week Chicken & Waffle Griddle Waffle & Sausage Griddle Assorted Cereal (V) Assorted Cereal (V)</p>	<p>7 National School Breakfast Week Sausage Biscuit French Toast Sticks (V) Pop-Tart with Yogurt (V)</p>	<p>1 Chicken Biscuit Cinnamon Glazed Pancakes (V) Assorted Cereal (V) Assorted Cereal (V)</p>
<p>11 Schools Closed Teacher Workday</p>	<p>12 Schools Closed Professional Development Day</p>	<p>13 Chicken & Waffle Griddle Waffle & Sausage Griddle Assorted Cereal (V) Assorted Cereal (V)</p>	<p>14 Sausage Biscuit French Toast Sticks (V) Pop-Tart with Yogurt (V)</p>	<p>8 National School Breakfast Week Chicken Biscuit Cinnamon Glazed Pancakes (V) Assorted Cereal (V) Assorted Cereal (V)</p>
<p>18 Chicken Biscuit Pancake & Sausage on a Stick Assorted Cereal (V) Assorted Cereal (V)</p>	<p>19 Sausage, Egg & Cheese Croissant French Toast Sticks (V) Muffin with Yogurt (V)</p>	<p>20 Chicken & Waffle Griddle Waffle & Sausage Griddle Assorted Cereal (V) Assorted Cereal (V)</p>	<p>21 Sausage Biscuit French Toast Sticks (V) Pop-Tart with Yogurt (V)</p>	<p>15 Chicken Biscuit Cinnamon Glazed Pancakes (V) Assorted Cereal (V) Assorted Cereal (V)</p>
<p>25 Chicken Biscuit Pancake & Sausage on a Stick Assorted Cereal (V) Assorted Cereal (V)</p>	<p>26 Sausage, Egg & Cheese Croissant French Toast Sticks (V) Muffin with Yogurt (V)</p>	<p>27 Chicken & Waffle Griddle Waffle & Sausage Griddle Assorted Cereal (V) Assorted Cereal (V)</p>	<p>28 Sausage Biscuit French Toast Sticks (V) Pop-Tart with Yogurt (V)</p>	<p>22 Chicken Biscuit Cinnamon Glazed Pancakes (V) Assorted Cereal (V) Assorted Cereal (V)</p>
				<p>29 Chicken Biscuit Cinnamon Glazed Pancakes (V) Assorted Cereal (V) Assorted Cereal (V)</p>

March | 2024

Middle School LUNCH MENU

Menu Subject to Change Based on Product Availability.

This institution is an equal opportunity provider.

Did You Know:

Nutritious School Meals Help Kids Learn!

- ✓ Improves test scores
- ✓ Helps with comprehension & memory
- ✓ Increased attendance
- ✓ Improves diet health
- ✓ Reduces visits to the school nurse



Daily offerings:

- Chef selection hot sandwiches & chicken basket
- Chef selection salads
- Assorted fresh fruits & veggies
- Choice of milk

locally sourced ingredients offered regularly
vegetarian option (V)

TILTON COUNTY SCHOOLS
SCHOOL NUTRITION
Just Eat.
WHERE STUDENTS COME FIRST



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<div> <p>Enjoy a variety of on-the-go, student-favorite burgers, hot sandwiches, or chicken baskets through the Express Eats line. <i>Rotating options available daily from the Cafe!</i></p> </div>				
			Lunch Price Student: \$2.70 Reduced: \$0.40 Adult: \$4.75	
4 Chicken & Waffles Mini Cheese Quesadillas (V) Fresh Deli Subs Baby Carrots • Tater Tots	5 Classic Pizza Slice: Cheese (V) or Buffalo Chicken Tangerine Chicken with Fried Rice Wrap of the Day Signature Side Salad Steamed Broccoli Seasoned Crinkle Fries	6 NEW! Birria Barbacoa Tacos Cheese Stuffed Breadsticks (V) Fresh Deli Subs Baby Carrots • Tater Tots	7 Breakfast for Lunch: Crispy Chicken of the Day with Cinnamon Swirl Classic Pizza Slice: Cheese (V) or Pepperoni Jammer (V) • Wrap of the Day Signature Side Salad Baked Beans • Seasoned Crinkle Fries 100% Fruit Slushie	1 Classic Pizza Slice: Cheese (V) Popcorn Shrimp with Mac & Cheese Mac & Cheese (V) Fresh Deli Subs Carrot, Cucumber & Cherry Tomato Kickin' Cajun Carrots Seasoned Crinkle Fries
11 <i>Schools Closed Teacher Workday</i>	12 <i>Schools Closed Professional Development Day</i>	13 Queso Fajita Chicken Nachos White Queso Nachos (V) Fresh Deli Subs Baby Carrots • Black Beans Seasoned Crinkle Fries	14 Crispy Chicken of the Day with Roll Classic Pizza Slice: Cheese (V) or Pepperoni Wrap of the Day Signature Side Salad Sweet Potato Waffle Fries Chocolate Chip Cookie	8 Classic Pizza Slice: Cheese (V) Fiesta Fish Tacos Fresh Deli Subs Carrot, Cucumber & Cherry Tomato Buffalo Cauliflower Tater Tots
18 Chicken & Waffles Mini Cheese Quesadillas (V) Fresh Deli Subs Baby Carrots • Tater Tots	19 General Tso's Chicken with Fried Rice Classic Pizza Slice: Cheese (V) or Buffalo Chicken Wrap of the Day Signature Side Salad Seasoned Crinkle Fries	20 Grande Walking Nachos White Queso Walking Nachos (V) Mozzarella Cheese Sticks (V) Fresh Deli Subs Baby Carrots • Black Beans Tater Tots	21 NEW! Beef Tips in Gravy with Roll Classic Pizza Slice: Cheese (V) Wrap of the Day Signature Side Salad Ranch Mashed Potatoes Seasoned Crinkle Fries Chocolate Chip Cookie	15 Classic Pizza Slice: Cheese (V) Popcorn Shrimp with Mac & Cheese Mac & Cheese (V) Fresh Deli Subs Carrot, Cucumber & Cherry Tomato Steamed Broccoli Seasoned Crinkle Fries
25 Spaghetti with Meat Sauce Classic Pizza Slice: Cheese (V) or Meat Lover's Jammer (V) • Fresh Deli Subs 100% Fruit Slushie Baby Carrots • Steamed Broccoli Seasoned Crinkle Fries	26 NEW! Mongolian Beef with Rice Cheese Stuffed Breadsticks (V) Wrap of the Day Signature Side Salad Farm Roasted Green Beans Tater Tots	27 Tex Mex Nachos Cheese Nachos (V) Fresh Deli Subs Baby Carrots Black Beans Seasoned Crinkle Fries	28 Crispy Chicken of the Day with Texas Toast Classic Pizza Slice: Cheese (V) or Pepperoni Wrap of the Day Signature Side Salad Sweet Potato Waffle Fries Chocolate Chip Cookie	22 Classic Pizza Slice: Cheese (V) or Pepperoni Seafood Basket Fresh Deli Subs Carrot, Cucumber & Cherry Tomato Farm Fresh Roasted Green Beans Tater Tots
				29 Classic Pizza Slice: Cheese (V) Popcorn Shrimp with Mac & Cheese Mac & Cheese (V) Fresh Deli Subs Carrot, Cucumber & Cherry Tomato Seasonal: Roasted Red Potatoes Seasoned Crinkle Fries