

May | 2021

On-Site Breakfast Menu

MIDDLE SCHOOL

Menu Subject to Change Based on Product Availability.



Pre-order FREE meal kits online



Scan for more info about FREE Meal Kit Pick-Up & Locations



Apply for Free & Reduced Meal Benefits online

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Sausage Biscuit Mini Pancakes Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	4 Sausage, Egg & Cheese Croissant French Toast Sticks Muffin with Yogurt Parfait 100% Fruit Juice Assorted Fresh Fruit	5 Chicken Biscuit Pancake & Sausage Bites Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	6 Sausage Biscuit French Toast Sticks Muffin with Smoothie 100% Fruit Juice Assorted Fresh Fruit	7 Pancake & Sausage on a Stick Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit
10 Sausage Biscuit Mini Pancakes Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	11 Sausage, Egg & Cheese Croissant French Toast Sticks Muffin with Yogurt Parfait 100% Fruit Juice Assorted Fresh Fruit	12 Chicken Biscuit Pancake & Sausage Bites Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	13 Sausage Biscuit French Toast Sticks Muffin with Smoothie 100% Fruit Juice Assorted Fresh Fruit	14 Pancake & Sausage on a Stick Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit
17 Sausage Biscuit Mini Pancakes Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	18 Sausage, Egg & Cheese Croissant French Toast Sticks Muffin with Yogurt Parfait 100% Fruit Juice Assorted Fresh Fruit	19 Chicken Biscuit Pancake & Sausage Bites Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	20 Sausage Biscuit French Toast Sticks Muffin with Smoothie 100% Fruit Juice Assorted Fresh Fruit	21 Pancake & Sausage on a Stick Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit
24 Sausage Biscuit Mini Pancakes Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	25 Sausage, Egg & Cheese Croissant French Toast Sticks Muffin with Yogurt Parfait 100% Fruit Juice Assorted Fresh Fruit	26 Chicken Biscuit Pancake & Sausage Bites Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit		

Daily Assorted Milk • Daily Fresh Fruits
 Locally Sourced Ingredients Offered Regularly
Daily Vegetarian Option

Curbside Meal Kit Pick-Up available at 93 Fulton County Schools on Wednesdays

- Elementary School locations are open Wednesdays from 8:30-9:30.
- Middle School & High School locations are open Wednesdays from 9:30-10:30.

Breakfast Price
 Student: FREE
 Adult: \$1.60



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May | 2021

On-Site Lunch Menu

MIDDLE SCHOOL

Menu Subject to Change Based on Product Availability.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Chicken Tenders with Breadstick Cheese Quesadillas Fresh Deli Sub Baby Carrots French Fries	4 Teriyaki Chicken with Rice Buffalo Chicken Pizza Slice Wrap of the Day • Jamwich Signature Side Salad Steamed Broccoli	5 Fajita Chicken Nachos Cheese Nachos Fresh Deli Sub Baby Carrots Black Beans	6 Chicken of The Day with Roll Mini Cheese Calzone Wrap of the Day • Jamwich Signature Side Salad Green Beans Chocolate Chip Cookie	7 Cheese Pizza Slice Chicken Filet Sandwich Fresh Deli Sub Carrot, Cucumber & Cherry Tomato Mixed Veggies
10 Nashville Hot Chicken Nuggets with Breadstick Mozzarella Cheese Sticks Fresh Deli Sub Baby Carrots Tater Tots	11 General Tso's Chicken with Rice Buffalo Chicken Pizza Slice Wrap of the Day • Jamwich Signature Side Salad Steamed Broccoli	12 Grande Nachos Cheese Nachos Fresh Deli Sub Baby Carrots Peas & Carrots	13 Chicken of The Day with Roll Pepperoni Pizza Slice Wrap of the Day • Jamwich Signature Side Salad Baked Beans Chocolate Chip Cookie	14 Cheese Pizza Slice Spicy Chicken Sandwich Turkey & Cheese Wrap Carrot, Cucumber & Cherry Tomato Sweet Potato Waffle Fries
17 Southern Style Chicken Bites with Roll Cheese Stuffed Breadstick Fresh Deli Sub Baby Carrots Crinkle Cut French Fries	18 Spicy Sichuan Chicken with Rice Buffalo Chicken Pizza Slice Wrap of the Day • Jamwich Signature Side Salad Steamed Broccoli	19 Fajita Chicken Nachos Cheese Nachos Fresh Deli Sub Baby Carrots Black Beans	20 Chicken of The Day with Roll Pepperoni Pizza Slice Wrap of the Day • Jamwich Signature Side Salad Mashed Potatoes Chocolate Chip Cookie	21 Cheese Pizza Slice Chicken Taquito Fresh Deli Sub Carrot, Cucumber & Cherry Tomato Sweet Potato Waffle Fries
24 Chicken Nuggets with Breadstick Mozzarella Cheese Sticks Fresh Deli Sub Baby Carrots Sweet Potato Waffle Fries	25 Tangerine Chicken with Rice Buffalo Chicken Pizza Slice Wrap of the Day • Jamwich Signature Side Salad Edamame Succotash	26 Grande Nachos Cheese Nachos Fresh Deli Sub Baby Carrots Steamed Broccoli		



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Visit fcsnutrition.com for menus and more info!
This institution is an equal opportunity provider.

Daily Assorted Milk • Daily Fresh Fruits & Veggies

Locally Sourced Ingredients Offered Regularly

Daily Vegetarian Option



Join us this Summer for FREE Meals!

Curbside & Face-To-Face options are available.

For more information visit fcsnutrition.com

❖ Bringing lunch from home? Select the **Pack Pal** from the cafe to enhance your lunchbox – it's FREE! ❖

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- Middle School & High School locations are open Wednesdays from 9:30-10:30.

Lunch Price

Student: FREE

Adult: \$3.45