

# March | 2021

# On-Site Breakfast Menu

## MIDDLE SCHOOL

Menu Subject to Change Based on Product Availability.



Pre-order FREE meal kits online



Scan for more info about FREE Meal Kit Pick-Up & Locations



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Visit [fcsnutrition.com](http://fcsnutrition.com) for menus and more info!  
This institution is an equal opportunity provider.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Sausage Biscuit Mini Pancakes Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	2 Sausage, Egg & Cheese Croissant French Toast Sticks Cereal Bar with Yogurt Parfait 100% Fruit Juice Assorted Fresh Fruit	3 Chicken Biscuit Pancake & Sausage Bites Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	4 Sausage Biscuit French Toast Sticks Muffin with Smoothie 100% Fruit Juice Assorted Fresh Fruit	5 Waffles with Sausage Links Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit
8 Sausage Biscuit Mini Pancakes Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	9 Sausage, Egg & Cheese Croissant French Toast Sticks Cereal Bar with Yogurt Parfait 100% Fruit Juice Assorted Fresh Fruit	10 Chicken Biscuit Pancake & Sausage Bites Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	11 Sausage Biscuit French Toast Sticks Muffin with Smoothie 100% Fruit Juice Assorted Fresh Fruit	12 Schools Closed Teacher Workday
15 Schools Closed Professional Development Day	16 Sausage, Egg & Cheese Croissant French Toast Sticks Muffin with Yogurt Parfait 100% Fruit Juice Assorted Fresh Fruit	17 Chicken Biscuit Pancake & Sausage Bites Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	18 Sausage Biscuit French Toast Sticks Muffin with Smoothie 100% Fruit Juice Assorted Fresh Fruit	19 Pancake & Sausage on a Stick Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit
22 Sausage Biscuit Mini Pancakes Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	23 Sausage, Egg & Cheese Croissant French Toast Sticks Muffin with Yogurt Parfait 100% Fruit Juice Assorted Fresh Fruit	24 Chicken Biscuit Pancake & Sausage Bites Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	25 Sausage Biscuit French Toast Sticks Muffin with Smoothie 100% Fruit Juice Assorted Fresh Fruit	26 Pancake & Sausage on a Stick Chicken Biscuit Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit
29 Sausage Biscuit Mini Pancakes Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	30 Sausage, Egg & Cheese Croissant French Toast Sticks Muffin with Yogurt Parfait 100% Fruit Juice Assorted Fresh Fruit	31 Chicken Biscuit Pancake & Sausage Bites Assorted Cereals 100% Fruit Juice Assorted Fresh Fruit	Daily Assorted Milk • Daily Fresh Fruits <i>Locally Sourced Ingredients Offered Regularly</i> <b>Daily Vegetarian Option</b>	

Curbside Meal Kit Pick-Up available at 93 Fulton County Schools on Wednesdays

- Elementary School locations are open Wednesdays from 8:30-9:30.
- Middle School & High School locations are open Wednesdays from 9:30-10:30.

**Breakfast Price**  
Student FREE  
Adult: \$1.60

# On-Site Lunch Menu

## MIDDLE SCHOOL

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FULTON COUNTY SCHOOLS  
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Chicken Tenders with Garlic Breadstick Cheese Quesadilla Fresh Deli Sub Baby Carrots • French Fries	2 Teriyaki Chicken with Brown Rice Classic Pizza Slice Wrap of the Day • Jamwich Signature Side Salad Steamed Broccoli	3 White Queso Nachos Fresh Deli Sub Baby Carrots Black Beans	4 Chicken of The Day with Roll Mini Cheese Calzone Wrap of the Day • Jamwich Signature Side Salad Green Beans Chocolate Chip Cookie	5 Classic Pizza Slice Chicken Filet Sandwich Fresh Deli Sub Carrot, Cucumber & Cherry Tomato Mixed Veggies
8 Nashville Hot Chicken with Garlic Breadstick Mozzarella Cheese Sticks Fresh Deli Sub Baby Carrots • Tater Tots	9 General Tso's Chicken with Brown Rice Classic Pizza Slice Wrap of the Day • Jamwich Signature Side Salad Steamed Broccoli	10 Nachos Fresh Deli Sub Baby Carrots Peas & Carrots	11 Southern Breaded Chicken with Roll Classic Pizza Slice Wrap of the Day • Jamwich Signature Side Salad Baked Beans Chocolate Chip Cookie	12 <b>Schools Closed Teacher Workday</b>
15 <b>Schools Closed Professional Development Day</b>	16 Spicy Sichuan Chicken with Brown Rice Classic Pizza Slice Wrap of the Day • Jamwich Signature Side Salad Steamed Broccoli	17 White Queso Nachos Fresh Deli Sub Baby Carrots Black Beans	18 Chicken of The Day with Roll Classic Pizza Slice Wrap of the Day • Jamwich Signature Side Salad Mashed Potatoes Chocolate Chip Cookie	19 Classic Pizza Slice Chicken Taquito Fresh Deli Sub Carrot, Cucumber & Cherry Tomato Sweet Potato Waffle Fries
22 Chicken Nuggets with Breadstick Mozzarella Cheese Sticks Fresh Deli Sub Baby Carrots Sweet Potato Waffle Fries	23 Tangerine Chicken with Brown Rice Classic Pizza Slice Wrap of the Day • Jamwich Signature Side Salad Edamame Succotash	24 Nachos Fresh Deli Sub Baby Carrots Steamed Broccoli	25 Southern Breaded Chicken with Roll Classic Pizza Slice Wrap of the Day • Jamwich Signature Side Salad Baked Beans Chocolate Chip Cookie	26 Classic Pizza Slice Mini Burgers Fresh Deli Sub Carrot, Cucumber & Cherry Tomato Tater Tots
29 Chicken Tenders with Garlic Breadstick Cheese Quesadilla Fresh Deli Sub Baby Carrots • French Fries	30 Teriyaki Chicken with Brown Rice Classic Pizza Slice Wrap of the Day • Jamwich Signature Side Salad Steamed Broccoli	31 White Queso Nachos Fresh Deli Sub Baby Carrots Black Beans	<b>Daily Assorted Milk • Daily Fresh Fruits &amp; Veggies</b> <i>Locally Sourced Ingredients Offered Regularly</i> <b>Daily Vegetarian Option</b>	

Menu Subject to Change based on Product Availability.

❖ Bringing lunch from home? Select the **Pack Pal** from the cafe to enhance your lunchbox – it's FREE! ❖

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- Elementary School locations are open Wednesdays from 8:30-9:30.
- Middle School & High School locations are open Wednesdays from 9:30-10:30.

**Lunch Price**  
Student FREE  
Adult: \$3.45